

御正月 — 稽古始め

New Year Celebration and First
Training of New Year

**Date: Sunday 1st January 2012
1pm - 3pm**

**Fee: 20 euros inc training, Sushi and sake
No charge for Children**

**Venue: Aikido Centre
Unit 25 Trinity Campus Centre,
Macken St, Dublin-2**

**Training: Stretching,
1000 punches etc**

Everyone welcome